

BC Seasonal Availability Chart

eat your way through the year...

item	j	f	m	a	m	j	j	a	s	o	n	d
Apples												
Apricots												
Asparagus												
Beans												
Beets												
Blackberries												
Blueberries												
Broccoli												
Cabbage												
Carrots												
Cauliflower												
Celery												
Cherries												
Corn												
Crabapples												
Cucumbers			•	•	•	•	•	•	•	•	•	•
Garlic												
Hazelnuts												
Herbs												
Kiwi Fruit												
Leeks												
Lettuce												
Melons												
Onions												
Parsnips												
Peaches												
Pears												
Peppers			•	•	•	•	•	•	•	•	•	•
Plums												
Potatoes												
Quince												
Radishes												
Raspberries												
Rhubarb												
Rutabegas												
Spinach												
Squash												
Strawberries												
Tomatoes			•	•	•	•	•	•	•	•	•	•
Zucchini												

— Available

••• HotHouse Grown

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